

# CLINICAL SKILLS CHECKLIST

Levels of Proficiency

Name \_\_\_\_\_ Date \_\_\_\_\_

- A = Perform Well (at least one year experience within the last two years)
- B = Limited Experience (6 months to one year within the last two years)
- C = Perform Infrequently (less than three months within the last two years)
- D = No Experience

<b>PSYCH. CONSIDERATIONS</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Psychiatric patient assessment				
• Care of acute psychotic				
• Care of violent patient				
• Administer psychiatric meds				
Use of restraints				
Takedown				
EKG				
Adult Pediatric				
<b>GI/REPRODUCTIVE/ENDOCRINE INTEGUMENTARY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Administer med via NG/gastrostomy tube				
Assist with vas-oath insertion				
AV shunt/fistula care				
Catheter insertion				
• Female				
• Male				
Care of burn patients				
Hyperbaric oxygen therapy				
Dialysis				
• Hemo				
• Peritoneal				
CVVHD				
Insulin preparation and administration				
• Blood glucose monitoring				
Equipment used				
• Jejunostomy care				
• NG tube insertion/lavage				
• Normal physiology of renal and GI system				
• Ostomy/stoma care				
• Peritoneal lavage				
• Poison control				
• Wound care irrigations				
Care of patients with				
Acute cholecystitis				
Acute renal failure				

<b>(Cont.) GI/REPRODUCTIVE/ENDOCRINE INTEGUMENTARY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Bowel obstruction				
Diabetes				
GI bleed				
Hyper/hypoglycemia				
Multiple abdominal wounds				
Renal transplant				
Pancreatitis				
Transplant/kidney				
<b>IV THERAPY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Administration of chemotherapy medications				
Administration of antibiotic medications				
Administration/mixing of IV medications				
• Medications via IV push				
Administration of continuous fluids				
Blood/blood product administration/Precautions				
• Autotransfusion				
Calculate doses				
Calculate rates				
• Meg/min				
• Meg/kg/min				
Hang IV piggybacks				
Hyperalimentation				
• Peripheral/central line				
• Knowledge of solutions				
• Caloric/fluid requirements				
Insertion of central line				
• CVPtra set-up				
• Use of Broviac and Hickman catheters				
• Implanted venous access ports				
• Dressing changes				
Insertion of peripheral line				
• Dressing change				
• Discontinuing line				

<b>(Cont.) IV THERAPY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Pump operations				
• UVAC				
• IMED				
• Other				
<b>ADD'L NURSING RESPONS.</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Specimen collection				
• Capillary blood draw				
• Sputum				
• Stool				
• Venipuncture				
• Wound culture				
• Central line blood draw				
<b>PULMONARY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Ambu bag techniques				
Administer oxygen				
Use of apnea monitor				
Assess lung sounds				
Assist in intubation/exubation				
• Oropharyngeal airway				
• Nasopharyngeal airway				
Chest physiotherapy				
• Complications of				
Chest tube insertion (assist in)				
Incentive spirometer				
Nebulizer				
Normal physiology of pulmonary				
• Vascular system				
Obtain arterial blood gas				
• Result interpretation				
Pavulonized patient				
Pulse oximetry				
Suctioning				
• Use of emergency equipment				
Thoracentesis				
Tracheosom				
• Trach tray set up				
• Assist with emergency trach				
• Changing of trach or tube				
• Skin care				
• Dressing changes				
Ventilator management				
• Patient assessment				
• Troubleshooting with vents				
• Weaning from ventilator				

<b>(Cont.) PULMONARY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
• List types of ventilators				
Care of patients with				
• Acute respiratory distress				
• AIDS				
• Asthma				
• Collapsed lung				
• COPD				
• DIC				
• Hemothorax				
• Pneumonia				
• Pulmonary embolism				
• TB				
• Transplant/pulmonary				
ECMO				
• Monitoring				
• Care				
<b>MEDICATION ADMIN.</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Injections				
• Preparation off meds/syringe				
• Site selection (i.e, SQ vs IM)				
PO administration				
SL administration				
Use of the following medications				
• Activase				
• Aminodarone				
• Atropine				
• Bicarbonate				
• Bretylium				
• Cardizem				
• Dextrose				
• Digitalis				
• Dopamine				
• Epinephrine				
• Esmolal				
• Heparin				
• Inderal				
• Inocor				
• Insulin				
• Isuprel				
• KCL				
• Levophed				
• Lidocaine				
• Mannitol				

<b>(Cont.) MEDICATION ADMIN.</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
• Magnesium Sulfate				
• Neo synephrine				
• Nipride				
• Nitroglycerin				
• Nitroprusside				
• Phenobarbital				
• Pavulon				
• Prednisone				
• Pikessin				
• Procainamide				
• Prostaglandis				
• Streptokinase				
• Verapamil				
<b>PEDIATRICS</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Administration of Medication				
• Oral				
• Subcutaneous				
• Intramuscular				
Pediatric Nursing				
• Anorexic patient care				
• Assist with lumbar puncture				
• Respiratory distress syndrome				
• Broncho- pulmonary dysplasia				
• Croup				
• Epilgotitis				
• Asthma				
• Cystic fibrosis				
• Pneumonia				
• Near drowning				
• Near SIDS				
• Chest tubes				
• Reye's syndrome				
• Meningitis				
• Hydrocephalus				
• Spina bifida				
• Lead play therapy				
• Care of child with seizures				
• Sickle cell				
• Other problems				
Equipment				
• Apnea monitor				
• Cardiac monitor				

• Ventilator				
• ECMO				
Care of child with				
• Child abuse				
• Failure to thrive				
• Cleft palate				
• Post tonsillectomy				
• Din infant/child				
• Diabetes mellitus				
• Diabetic acidosis				
• Psych. patients				
• Other specialties				
<b>MATERNAL/CHILD CARE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
General Skills				
• Admission assessment				
• Legal principles of charting				
• Patient education				
• Specimen collection				
• Lab value assessment				
• Pain management				
• Isolation procedures				
• Wound and skin care				
• Diabetic teaching				
• Discharge teaching				
• Use of restraints				
Maternal/Child				
• Antepartum patient care				
• Pre-natal care teaching				
• LaMaze instructor				
• Labor and delivery patient care				
• High risk labor anent care				
• Assist regional anesthesia epidural				
• Internal monitor/lead connection and calibration				
• Pitocin therapy				
• Magnesium sulfate therapy				
• Vag exam				
• Use of fetoscope doppler				
• Assist with vaginal delivery				
• Forceps vaginal delivery				
• Circulate for c-section				
• Scrub for c-section				
• Hyperbilirubin infant care				
• Newborn infant care				
• Post natal care teaching				

• Post natal patient care				
• Breast care				
Provide intrapartum care to patient with				
• Pregnancy induced hypertension				
• Preeclampsia/eclampsia				
• Multiple gestation				
• Placenta previa				
• Abruptio placenta				
• Malpresentations				
• Premature labor				
• Diabetes mellitus				
• Rh incompatibilities				
• DIC				
• Neonatal resuscitation				
• Apgar score				
Postpartum assessment				
• Fundus consistent				
• Lochia				
• Bladder distention				
• Episiotomy/incision for caesarean				
LDR				
LDRP				
<b>RADIOLOGY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Conscious sedation				
Hemodynamic monitoring-A-lines				
IV insertion				
Ventilator therapy				
Vasoactive drips				
Thrombolytic therapy				
Ionic & non-ionic IV contrast admin.				
Needle biopsy				
ECG monitoring / interpretation				
<b>CATH LAB</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Assist with angiograms				
<b>CERTIFICATIONS</b>	<b>EXP. DATE</b>			
ACLS				
BCLS				
CCRN				
IV Therapy				
Chemotherapy				
TNCC				
ENC				
Other				

<b>CV/CIRCULATORY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Arterial line/Swan Ganz set up				
• Blood sample from line				
• Remove arterial line				
• Arterial Blood Gases				
• Pressure reading				
• Maintain patency				
Assess heart sounds				
Assist with pacemaker insertion				
• Temporary/single/double lumen				
• Recognize pacemaker malfunction				
• Pacemaker care				
• Paceport Swan Ganz				
Assist with pericardiocentesis				
External pacemaker maintenance				
Blood pressure monitoring/automatic Machine				
Assist in				
• Arterial line insertion				
• Swan Ganz insertion with or without fluoroscopy				
Dysrhythmia recognition and intervention				
Normal anatomy of heart				
• Left side				
• Right side				
Normal physiology of CV system				
Post angiogram care				
Post open heart care (OH)				
Removal of arterial/venous sheaths				
Resuscitation				
• Team member				
• Perform defibrillation				
• Perform/set up emergency cardioversion				
• Prepare and administer medications				
Set up, run, interpret 12 lead EKG				
SV02 monitoring				
• Interpretation				
• Troubleshooting				
Swan Ganz hemodynamic monitoring				
• Knowledge of RA/PAP/PCWP/CO/SVR/PVR/CI				
Obtaining and troubleshooting waveforms				
Pre/post cardiac cath care				
Aortic Balloon Pump care/ monitoring				
LVAD				
Perform EKG				

<b>(Cont.) CV/CIRCULATORY</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Use of cardiac monitor				
• Proper lead placement				
Use of doppler				
Care of patients with				
• Acute aneurysm				
• Acute MI				
• Angina				
• CHF				
• Airway maintenance				
• Deep vein thrombosis				
• Pulmonary edema				
• Shock				
• Cardiogenic				
• Hypervolemic				
• Sepsic				
• Transplant/cardiac				
• Post TPA				
• Post CABG (Immediate)				
• Post CABG (After 3 days)				
<b>NEUROLOGICAL SYSTEM</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Assessing sensory-motor function extremities				
Assist with lumbar puncture				
Cervical traction				
Cranial nerve assessment				
Crutchfield tongs				
Halo traction				
LOC assessment				
Monitoring of ICP				
• Appropriate interventions for changes in pressure				
Pre/post neuro surgical care				
Seizure precautions				
Use of Glasgow coma scale				
Visual acuity measurement				
Care of patients with				
• Aphasia				
• Closed head injury				
• Craniotomy				
• VP shunt				
• Neuro signs				
• Stryker frame				
• CVA				
• Multiple Sclerosis				
• Multiple trauma patient				
• Overdose patient				
• Seizure disorder				

• Spinal cord injury				

Please indicate the number of years and months of experience you have in these specialties. Include areas of float.

**Specialty** **Years** **Months**

ICU		
CCU		
Open Heart Critical Care		
SICU		
Emergency Room		
Geriatrics		
Bum		
Gynecology		
GU		
Labor/Delivery		
Post-Partum		
Nurse		
NICU indicate level		
Pediatrics		
Medical		
Surgical		
Telemetry		
Cardiac St down		
Neuro		
Ortho		
Rehabilitation		
Dialysis		
Diabetic		
Psych		
Operating Room		
Recovery Room		
Home health		
Nursing Management		
Other (indicate)		

Detail any additional experience that makes you exceptionally qualified to practice as a traveling registered nurse.

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What languages do you speak?

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RN/LVN Signature

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Date